In Vitro Pituitary and Thyroid Cell Proliferation Assays and Their Relevance as Alternatives to Animal Testing

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Summary
This study investigates the in vitro effect of eleven thyroid-active compounds known to affect pituitary and/or thyroid weights in vivo, using the proliferation of GH3 rat pituitary cells in the so-called “T-screen,” and of FRTL-5 rat thyroid cells in a newly developed test denoted “TSH-screen” to gain insight into the relative value of these in vitro proliferation tests for an integrated testing strategy (ITS) for thyroid activity. Pituitary cell proliferation in the T-screen was stimulated by three out of eleven tested compounds, namely thyrotropin releasing hormone (TRH), triiodothyronine (T3) and thyroxine (T4). Of these three compounds, only T4 causes an increase in relative pituitary weight, and thus T4 was the only compound for which the effect in the in vitro assay correlated with a reported in vivo effect. As to the newly developed TSH-screen, two compounds had an effect, namely, thyroid-stimulating hormone (TSH) induced and T4 antagonized FRTL-5 cell proliferation. These effects correlated with in vivo changes induced by these compounds on thyroid weight. Altogether, the results indicate that most of the selected compounds affect pituitary and thyroid weights by modes of action different from a direct thyroid hormone receptor (THR) or TSH receptor (TSHR)-mediated effect, and point to the need for additional in vitro tests for an ITS. Additional analysis of the T-screen revealed a positive correlation between the THR-mediated effects of the tested compounds in vitro and their effects on relative heart weight in vivo, suggesting that the T-screen may directly predict this THR-mediated in vivo adverse effect.

Keywords: thyroid, pituitary, cell proliferation, organ weight, in vitro-in vivo correlation

1 Introduction
Endocrine disruption has been the source of considerable debate since 1991 when Ana Soto reported that man-made compounds could act as estrogen mimics (Soto et al., 1991), an observation that was popularized with the publication of Our Stolen Future by Theo Colborne in 1996. Although some environmental chemicals have been shown to affect endocrine activity in in vitro and in vivo test systems, there is still debate as to whether this activity can truly result in adverse effects to humans at realistic levels of exposure (Boas et al., 2006; Brucker-Davis, 1998; Leghait et al., 2010; Brouwer et al., 1998). So far, attention on the endocrine activity of chemicals has largely focused on estrogen disruption. An analysis of literature search results in Scopus™ reveals that, in the last decade, the majority of the papers published on endocrine disruption have focused on estrogen rather than on androgen or thyroid hormone disruption. This is in contrast to the number of chemicals listed on the Toxnet hazardous substance data bank (HSDB) as of 25 January 2013 which lists 159 chemicals for androgen, 352 chemicals for estrogen, and 924 chemicals for thyroid activity. This is a cause for concern as altered thyroid hormone (TH) levels can cause adverse effects such as decreased fertility and retarded development, especially of the bones and the brain (Poppe and Velkeniers, 2004; Wajner et al., 2009; Göthe et al., 1999; Aronson et al., 1990; Zoeller and Crofton, 2000).

Changes in thyroid hormone levels are also directly related to changes in cardiac output, heart rate, and systemic vascular
resistance (Zamoner et al., 2011). The clinical outcomes of such disturbances include arrhythmias, reduced exercise performance, and an increased risk of cardiovascular mortality (Klein and Ojamaa, 2001; Fazio et al., 2004).

Considering that thyroid hormones play a crucial role in the development of the human brain, bones, and gonads, in pregnancy as well as in cardiac pathogenesis, the possibility of alterations to the normal function of the thyroid system by xenobiotics could have substantial societal implications (Oppenheimer and Schwartz, 1997; Zoeller et al., 2002; Göthe et al., 1999; Aronson et al., 1990; Wagner et al., 2008; Gardiner-Hill, 1929; Mestman et al., 1974; Sugrue and Drury, 1980; Fazio et al., 2004; Char, 1996). For this reason, the Organization of Economic Cooperation and Development (OECD) has amended and validated its test guideline number 407 (TG 407) for repeated-dose 28-day oral toxicity studies in rodents to include endpoints relevant to the thyroid system, including histopathology of the pituitary and thyroid weight. Thyroid hormone levels in plasma or serum are included as an optional endpoint for the confirmation of toxicants with a mode of action related to the thyroid system (OECD, 2007). However, testing on animals raises issues related to ethics, high costs, long duration, and difficulties in the interpretation of inter-species data. This has prompted research into suitable in vitro assays that, once validated, could serve as alternatives.

Wang et al. (2012) recently published an in-depth comparison of the proliferative response of different estrogen-responsive human cell lines with data on the in vivo change in uterine weight in the rat uterotrophic assay upon exposure to a series of model compounds. Proliferation of the MCF-7 human breast cancer cell line subclone MCF-7/BOS upon exposure to the test compounds appeared to be predictive for the in vivo effect on rat uterine weight resulting in a squared sample correlation coefficient of 0.85 (Wang et al., 2012). Hence, as in the case of the estrogen-responsive MCF-7 cell proliferation assay, called “e-screen” (Soto et al., 1992), in vitro proliferation correlates well with the in vivo increase in uterine wet weight. For thyroid hormone activity, the so-called “t-screen” has been developed, detecting proliferation of rat pituitary adenoma cells upon exposure to thyroid hormone receptor (THR)-active compounds, whereas in vivo pituitary weight is an endpoint for the disruption of thyroid activity (Gutleb et al., 2005; Umano et al., 2009; Sellers and Schänbaum, 1965). Given the correlation of the E-screen with uterine weight, the objective of the present study was to investigate the correlation between the effects of a series of model thyroid-active compounds on cell proliferation in the T-screen and in vivo data for their ef-
Effects on pituitary weight. Compounds that tested positive in the T-screen were further tested in the GH3-TRE-Luc reporter gene assay using the same cell line in order to find out if the observed proliferation was directly caused by activation of the thyroid hormone receptor (Freitas et al., 2011). GH3 cells express all thyroid nuclear receptor isoforms, with THRβ2 and THRα1 being, in order, the most abundant, which is in line with pituitary expression patterns (Hahn et al., 1999; Freitas, 2012; Yen et al., 1992). Since these receptors shuttle between the nucleus and the cytoplasm, THR-active compounds must be able to cross the cell membrane to have an effect (Mavinakere et al., 2012). The cellular uptake of TH-like compounds is mediated by specific plasma membrane transporters showing preferential transport of T4 or T3 or their metabolites (Hennemann et al., 2001). Very lipophilic compounds also can cross the cell membranes by passive diffusion.

Moreover, as thyroid weight is another endpoint in in vivo studies for thyroid hormone activity, an additional objective was to develop an in vitro counterpart (OECD, 2007). To this end, a physiologically-relevant assay based on thyroid stimulating hormone (TSH)-induced proliferation of cells from the FRTL-5 rat thyroid cell line was developed (denoted TSH-screen). This screen was subsequently used to explore parallels between the effects of the selected model thyroid-active compounds on in vitro FRTL-5 rat thyroid cell proliferation and their effects on in vivo rat thyroid weight. Changes in thyroid weight are associated mainly with hyperplasia and hypervascularization and, to a lesser extent, hypertrophy, thereby suggesting that proliferation assays may be able to reflect the in vivo effects (Martin et al., 1973; Kero et al., 2007).

Given the complexity of the in vivo hypothalamic-pituitary-thyroid (HPT) axis, it may be expected that the T-screen and the newly developed TSH-screen may prove less predictive for effects on pituitary and thyroid weight in vivo than the E-screen is for effects on uterine weight in the uterotrophic assay. Thus, the ultimate aim of this study was to provide insight into the predictive potential and relative value of the two in vitro cell proliferation screens within an integrated testing strategy (ITS) for thyroid activity.
crease in organ weights was not used as a selection criterion, since the objective was to test whether the proliferation assays could replace in vivo assays detecting organ weight changes, as was shown feasible for the E-screen and in vivo effects on uterus weight (Wang et al., 2012). Changes in pituitary weight induced by the selected model compounds are presented in Table 3, and changes in thyroid weight induced by these compounds are presented in Table 4.

Cell culture

GH3-TRE-Luc cells were cultured at 37°C in a humid atmosphere containing 5% (v/v) CO₂ and passaged twice a week in Dulbecco’s Modified Eagle’s medium: Ham’s F12 (1:1) with 15 mM HEPES (DMEM:F12, Gibco, Paisley, Scotland) supplemented with 10% fetal calf serum (FCS, Gibco, Paisley, Scotland). The construction and validation of the GH3-TRE-Luc cells was previously described (Freitas et al., 2011).

### Tab. 3: Effects of the selected model compounds on relative pituitary organ weight (mg/100g body weight) in male rats compared to in vitro pituitary cell proliferation (T-screen)

Arrows indicate an increase (↑), decrease (↓), or (↔) no change in relative thyroid weight. If available, the fold-change in mean response to the highest tested dose (HTD) compared to the unexposed controls also was presented.* indicates a significance dose (p<0.05) and ** indicates high significance (p<0.01) for fold change calculations. Benchmark doses associated with a 10% change in organ weight (BMDL₁₀) were calculated and presented as the lower 95% confidence limit (BMDL₁₀). For the effect on cell proliferation in vitro, besides fold change and when applicable, EC₅₀ values are shown. The highest tested concentrations (HTCs) also are represented and were chosen in such a way that they were not cytotoxic based on results from the resazurin assay. NA, not applicable. In vitro-in vivo correlation (IVIVC) was evaluated qualitatively and represented by +ve when the direction of change was similar in both situations, by 0 when there was no correlation, by -ve when the direction of change was opposite and by X when there was no significant change in both situations leading to an invalid correlation.

<table>
<thead>
<tr>
<th>Compound</th>
<th>Pituitary organ weight (literature)</th>
<th>Pituitary cell proliferation (T-screen)</th>
<th>IVIVC</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Male</td>
<td>BMDL₁₀ (mg/kg bw/day)</td>
<td>Female</td>
</tr>
<tr>
<td>TRH</td>
<td>NA</td>
<td>NA</td>
<td>↔</td>
</tr>
<tr>
<td>bTSH</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>T3</td>
<td>1.1x ↑</td>
<td>X</td>
<td>NA</td>
</tr>
<tr>
<td>T4</td>
<td>↔</td>
<td>↔</td>
<td>↔</td>
</tr>
<tr>
<td>PTU</td>
<td>1.4x ↑**</td>
<td>NA</td>
<td>1.4x ↑**</td>
</tr>
<tr>
<td>MMI</td>
<td>↔</td>
<td>X</td>
<td>↔</td>
</tr>
<tr>
<td>ETU</td>
<td>NA</td>
<td>NA</td>
<td>1x ↔</td>
</tr>
<tr>
<td>3-AT</td>
<td>1.3x ↑**</td>
<td>38.97</td>
<td>1.2x ↑</td>
</tr>
<tr>
<td>NaClO₄</td>
<td>1x ↔</td>
<td>X</td>
<td>NA</td>
</tr>
<tr>
<td>BPF</td>
<td>1.1x ↑</td>
<td>X</td>
<td>1.1x ↑</td>
</tr>
<tr>
<td>BBBC</td>
<td>1x ↔</td>
<td>X</td>
<td>1x ↔</td>
</tr>
</tbody>
</table>
using a cell detachment and disaggregation solution containing 20 units/ml collagenase, 0.075% trypsin, and 2% chicken serum (CtC) in PBS. Collagenase and chicken serum were obtained from Sigma-Aldrich Chemie (Zwijndrecht, the Netherlands) while trypsin was obtained from Difco (Amsterdam, the Netherlands).

**T-screen**

The t-screen was performed as previously described (Schriks et al., 2006) and using the rat GH3-tRe-luc cell line. Compared to wild type GH3 cells, this cell line is stably transfected with a thyroid-hormone response element (tRe) driven luciferase expression construct, allowing for the comparison between cell proliferation and tRe-driven gene expression with the same cell line (Freitas et al., 2011). Briefly, GH3-TRE-Luc cells at 80% confluence were incubated for 48 h in serum-free PCM-0 medium, as originally described by Sirbasku (1991).
PCM-0 consists of phenol red-free DMEM:F12 with 15 mM HEPES, 10 µg/ml bovine insulin, 10 µM ethanalamine, 10 ng/ml sodium selenite, 10 µg/ml apo-transferrin, and 500 µg/ml bovine serum albumin (BSA, obtained from Sigma-Aldrich Chemie, Zwijndrecht, The Netherlands). The cells were then harvested and plated at a density of 2,500 cells/well on a 96-well plate. Following an attachment period of 2 to 3 h, the cells were exposed in triplicate and for 96 h to a concentration range of the chemicals to be tested alone or in combination with 0.25 nM T3. Subsequently, and following a 4-h incubation period with 10 µl/well of 0.1 mg/ml resazurin (obtained from Sigma-Aldrich Chemie, Zwijndrecht, The Netherlands) in PBS, cell proliferation was measured as relative fluorescence units (RFUs) resulting from the reduction of non-fluorescent resazurin to the fluorescent product resorufin. Fluorescence was measured at λex = 530 nm and λem = 590 nm on a SpectraMax M2 microplate reader (Molecular Devices, Menlo Park, CA, USA).

**TSH-screen**

FRTL-5 cells at 70% confluence and below passage 30 were incubated in serum-free, phenol red-free DMEM containing 0.2% BSA for a period of 96 h. The cells were then harvested and plated at a density of 5,000 cells/well on a 96-well plate in phenol red-free DMEM with insulin (10 µg/ml) and, following an attachment period of 2 to 3 h, exposed to a concentration range of the chemicals to be tested alone or in combination with 1 mIU/ml bTSH, in triplicate, for 72 h. Following this incubation, cell proliferation was measured 4 h after the addition of 10 µl/well of 0.1 mg/ml resazurin as described above.

**GH3-TRE-Luc Reporter Gene Assay**

GH3-TRE-Luc cells at 80% confluence were incubated in serum-free PCM-0 medium for 24 h. The cells were then harvested and plated at a density of 30,000 cells/well on a 96-well plate and, following an attachment period of 2 to 3 h, exposed in triplicate for 24 h to a concentration range of the chemicals to be tested alone or in combination with 0.25 nM T3. To measure luciferase activity, cell culture medium was thoroughly aspirated, and the cells were lysed by addition of low salt buffer, which consisted of 10 mM Tris (Invitrogen, Carlsbad, CA), 2 mM dithiothreitol (DTT) and 2 mM trans-1,2-diaminocyclohexane-N,N,N′,N′-tetra-acetic acid monohydrate (obtained from Sigma-Aldrich Chemie, Zwijndrecht, The Netherlands) (pH 7.8). Cell lysis was completed by one 1,2-diaminocyclohexane-N,N,N′,N′-tetra-acetic acid monoheaxane-N,N,N′,N′-tetra-acetic acid monohydrate (obtained from Sigma-Aldrich Chemie, Zwijndrecht, The Netherlands) (pH 7.8). Cell lysis was completed by one

**Data analysis**

In the T-screen, GH3-TRE-Luc reporter gene assay and TSH-screen, data points are representative of at least two independent experiments and three replicate wells per data point in each experiment. Raw data from triplicate wells were averaged, converted to fold change over solvent control and represented graphically as the means of independent experiments with bars representing the standard error of that mean (SEM). The luminescent signal in the GH3-TRE-Luc reporter gene assay was normalized to cell viability as determined by a resazurin cell viability test with an incubation period of 2 h. Non-linear curve fitting was done using the Hill equation with the help of GraphPad Prism software version 5.04 (GraphPad Software, San Diego, CA, USA). In vitro, EC<sub>50</sub> values were calculated from the fitted models as the concentration of the tested compound that gave 50% of the maximal response. For the in vivo data collected from literature, with included standard deviations and more than one dose level used, the benchmark dose (BMD) approach was used and BMDL (95% lower confidence limit of the BMD) values with a relative deviation from the controls of 10% (BMDL<sub>10</sub>) were calculated using Benchmark Dose Software (BMDS) version 2.1.2 (US EPA, Washington, DC, USA). For organ weight changes that were significant (p<0.05) among dose levels, the curve fitting models used for in vivo BMDL calculations were based on either polynomial, power, or Hill equations, and the choice of the best model to fit the data was based on the highest p-value for three tests, namely, homogenous variance, adequate modeling of the variance and model fit and when these p-values were similar across models, then a lower Akaike Information Criterion (AIC) value was used for selection. Models with a goodness of fit for the means with a p-value <1 were rejected. BMDL<sub>10</sub> calculations were based on data from male rats (except for TRH for which data from virgin females were used and ETU for which data from gestating females were used).

Doses of 0, 50, 100, 500, and 750 ppm ETU in feed were converted to 0, 2.5, 5, 25, and 37.5 mg/kg bw/day, a T3 dose of 0.01 mg/kg was converted to 0.0005 mg/kg bw/day and a T4 dose of 0.25 mg/kg diet was converted to 0.012 mg/kg bw/day, based on the assumption that rats consume 5% of their body weight of food each day. 0.03% (0.3 mg/ml) MMI, 0.2 mg/ml, and 0.05 mg/ml TRH in drinking water were converted to 75 mg/kg bw, 50 mg/kg bw and 12.5 mg/kg bw, respectively, based on a previous study reporting an average water intake of similarly aged rats of 250 ml/kg bw (McGivern et al., 1996). To calculate the molar concentrations of bTSH, it was considered that TSH has a molar mass of 28,000 g/mol and conversion to mIU/ml was based on the manufacturer’s stated activity of 2 IU/mg (Pierce et al., 1971).

### 3 Results

#### 3.1 Activity of selected compounds in the T-screen

Figures 1A and 1C show that the endogenous agonists T3 and T4, along with their respective acetic acid analogues triac and...
Fig. 1: Concentration-dependent GH3 cell proliferation
Concentration-dependent GH3 cell proliferation (T-screen) upon exposure to A) T3 (n=5) and T4 (n=3), C) triac (n=1) and tetrac (n=1) or E) TRH (n=2) and luciferase response in the GH3-TRE-Luc thyroid hormone receptor reporter gene assay for B) T3 (n=3) and T4 (n=2) or D) triac (n=2) and tetrac (n=2). The response is expressed as fold change over control, error bars represent the standard error of the mean (SEM) of the indicated number of independent experiments.
tetracl resulted in a concentration-dependent increase in cell proliferation in the T-screen. Figures 1B and 1D show that a concentration-dependent response also was obtained in the GH3-TRE-Luc reporter gene assay, which is an indication that the observed cell proliferation is likely to be THR-mediated. The other model compounds tested with known in vivo effects on pituitary weight, propylthiouracil (PTU) and 3-amino-1,2,4-triazole (3-AT) did not induce a proliferative response in the assay for in vitro GH3 pituitary cell proliferation. On the other hand, TRH, which does not lead to an increase in pituitary weight in vivo, was found to be an agonist in the T-screen with an EC$_{50}$ of 0.9 nM (95% confidence interval 0.3-2.4 nM, Fig. 1E).

### 3.2 Correlation of in vitro pituitary cell proliferation with in vivo pituitary weight

Table 3 presents an overview of the effects of the selected model compounds on pituitary weight in in vivo studies derived from literature, as well as the results obtained in the present study on the effects of the compounds in the T-screen assay. A correlation between the in vitro T-screen and effects on pituitary weight reported in the in vivo studies was observed only for T4.

### 3.3 Development of the TSH-screen based on FRTL-5 cell proliferation

FRTL-5 cells are a differentiated, continuously growing, non-transformed subclone of FRTL rat thyroid cells derived from primary cultures of Fischer rat thyroid glands. Differentiated features such as the cellular uptake of iodide and the secretion of thyroglobulin in FRTL cells are dependent on a low concentration of FCS (0.5-1%) which results in slow growth (Ambesi-Impiombato et al., 1980). FRTL-5 is a fast growing subclone of the FRTL cell line that grows in 5% FCS while maintaining iodide uptake and thyroglobulin secretion. In addition, FRTL-5 cells exhibit enhanced TSH sensitivity, especially after TSH starvation (Ambesi-Impiombato, 1986).

To optimize the proliferation of FRTL-5 cells, a series of compounds was tested for its ability to improve TSH-induced cell proliferation, subsequently defining cell culture conditions in the TSH-screen. As can be seen in Figure 2, FRTL-5 cells exhibited little response to bTSH (1 mIU/ml) alone and a limited response to insulin (10 µg/ml), while the combination of both TSH and insulin resulted in a synergistic effect. Forskolin, a compound that directly activates cAMP, the downstream target of TSH's proliferative action, also was tested alone or in combination with TSH (Kimura et al., 2001). The forskolin response closely mimicked that of TSH, and the combination of forskolin with insulin had an effect similar to that of TSH in combination with insulin, showing that the membrane receptor-mediated TSH-response was near optimal and reflects the differentiated characteristics of this cell line. As little as 0.2% FCS had a proliferative effect that was larger than bTSH. The addition of apo-transferrin and hydrocortisone, which are needed in the culture of FRTL-5 cells, had little effect in terms of TSH-responsiveness of the cells (Ambesi-Impiombato, 1986). The addition of a somatostatin antibody, to block any inhibitory action of residual somatostatin, also had little effect (Medina et al., 1999). Based on these results, further testing
using the TSH-screen was performed in serum-free medium containing insulin (10 µg/ml).

Figure 3 shows the TSH concentration-dependent proliferation of FRTL-5 cells in the newly developed TSH-screen. This response was achieved in cell culture medium completely devoid of serum but supplemented with 10 µg/ml insulin and 0.2% BSA. BSA is commonly added to serum-free media as it is thought to protect cells from agitation and aeration damage by biological and fluid-mechanical mechanisms (Papoutsakis, 1991; Michaels et al., 1995). The EC$_{50}$ for TSH-dependent induction of cell proliferation was found to be 4.6 nM (95% confidence interval 1.7-12.6 nM).

### 3.4 Activity of selected compounds in the TSH-screen

In a next step, the series of model compounds was tested in the TSH-screen for either agonistic or antagonistic activity, the latter by testing cell proliferation in the presence of 1 mU bTSH (14.3 nM). The TSH-screen only gave a significant response with the endogenous agonist TSH while T4 showed antagonism with an IC$_{50}$ of 0.11 nM (95% confidence interval 0-0.4 nM, Fig. 4).

### 3.5 Correlation of in vitro thyroid cell proliferation with in vivo thyroid weight

Table 4 presents an overview of the effects of the selected model compounds on thyroid weight in in vivo studies, derived from literature, as well as the results obtained in the present study on the effects of the compounds in the TSH-screen. As can be observed from Table 4, the effects of the series of model compounds on in vitro FRTL-5 thyroid cell proliferation correlates in only a very limited number of cases with the effects of the compounds on thyroid weight in vivo. The endogenous agonist TSH was one of the two compounds that had a similar proliferative effect both in vitro and in vivo. The other compound, T4, acted in a potentially physiological manner since it reduced thyroid weight in vivo in female rats and showed an antagonistic activity in the TSH-screen, both with and without TSH (Fig. 5).

### 3.6 Correlation of T-screen with cardiac hypertrophy

Given that the effect of some of the thyroid-active model compounds on GH3 cell proliferation (T-screen) and THR activity (GH3-TRE-Luc reporter gene assay) could not be correlated to effects on pituitary weight in vivo, investigations into poten-
tial correlations with effects on other organs was carried out based on data retrieved from the literature. It was found that the proliferative response to thyroid-active compounds in the T-screen may correlate with the in vivo effects of these compounds on cardiac hypertrophy. Figure 5 presents the plasma concentration-dependent effect of T4 and tetrac (Fig. 5A) and of T3 and triac (Fig. 5B) on relative heart weight as reported in literature (Liang et al., 1997; Lameloise et al., 2001). Comparison of these results with the results for T3, triac, T4 and tetrac mediated effects in the T-screen (Fig. 1A,C) indicates that the THR-mediated cell hyperplasia in the T-screen correlates well with the receptor-mediated cardiac hypertrophy (Fig. 6). This is corroborated by the results presented in Figure 6 in which the in vivo BMDL_{10} for 10% increase in relative heart weight in the in vivo studies was plotted against the EC_{50} for cell proliferation in the T-screen obtained in the present study, showing a correlation with a squared coefficient of correlation (r^{2}) of 0.89. Thus, whereas activity of these thyroid-active compounds on pituitary cell proliferation in vitro in the T-screen did not correlate with their effects on pituitary weight in vivo, their activity in the T-screen did correlate with their effects on relative heart weight in vivo.

4 Discussion

The objective was to develop an in vitro thyroid cell proliferation assay and explore correlations between the in vitro data obtained and in vivo data for compounds known to affect thyroid weight (OECD, 2007). This was done in order to gain further insight into the relative value of these proliferative in vitro tests for an integrated testing strategy (ITS) for thyroid activity.

The newly developed TSH-screen was based on the proliferation of cells from the FRTL-5 cell line. The preservation of TSH-induced cell proliferation in the FRTL-5 cell line is a property exhibited by only three cell lines that originate from normal rat thyroid follicular epithelium. The other two cell lines, PC13 and Wistar rat (WRT), have been reported to have a suitable TSH-mediated proliferative response but are not as widely used and are not commercially available (Fusco et al., 1987; Brandi et al., 1987; Kimura et al., 2001). The reference compound used in this screen, TSH, has been shown to result in cell hyperplasia and hypertrophy, both in FRTL-5 cells in vitro and in the thyroid gland in vivo (Ossendorp et al., 1989; Ambesi-Impiombato et al., 1980; Brewer et al., 2007). Figure 2 shows that insulin is needed for the mitogenic action of TSH and was included in both culture and exposure media used in the TSH-screen. While TSH is the main hormone that regulates the growth of the thyroid gland, the requirement for insulin has been well documented in both rodents and humans (Felice et al., 2004).

In a previous study, it was demonstrated that an in vitro-in vivo correlation (IVIVC) for endocrine-active compounds exists between estrogen-mediated cell proliferation in the so-called E-screen and in vivo effects on uterine weight (Wang et al., 2012). The relative potency of a series of estrogens for estrogen-induced MCF-7 cell proliferation in the E-screen correlated with the relative potency of the same compounds in the in vivo uterotrophic assay (Wang et al., 2012). In a detailed review paper on thyroid hormone disruption assays, the OECD mirrors a widely-held notion among toxicologists that the T-screen is an in vitro bioassay that can detect compounds that interfere with THR signaling much the way the MCF-7 cells are used in the E-screen to detect compounds that interfere with estrogen receptor (ER) signaling (OECD, 2006a). However, results obtained in this study show that this comparison between the T-screen and the E-screen is inaccurate when it comes to in vitro-in vivo correlation (IVIVC), since the activity of the selected model compounds in the T-screen did not correlate well with their in vivo effect on pituitary weight. Likewise, the in vivo effects of thyroid-active compounds on thyroid weight did not exhibit a consistent correlation with thyroid cell proliferation in a newly developed TSH-screen. The discrepancy between the two endocrine systems in terms of the applicability of the in vitro-in vivo extrapolation may be due to the fact that the uterotrophic assay for estrogen activity is based on ER-mediated increases in uterine weight, while increases in pituitary or thyroid weight may reflect much more complex mechanisms. These mechanisms include, among others, acute xenobiotic-induced dyshormogenesis, displacement of thyroid hormones from transport proteins, changes in metabolism and clearance, alterations in feedback mechanisms, onset of autoimmunity thyroiditis, effects on cofactors and inhibitors, as well as crosstalk.
with other pathways (Roy and Mugesh, 2006b; Cao et al., 2010; Gayrard et al., 2011; Zabka et al., 2011; Kosuda et al., 1997; Grover et al., 2007; Liu and Brent, 2010). Thus, with the exception of T4 and TSH, the effects of the selected thyroid-active compounds on pituitary and thyroid organ weights in vivo are not likely to be due to a direct effect on cell proliferation. The T-screen and TSH-screen are therefore less predictive for the effects of thyroid-active compounds on pituitary and thyroid weight in vivo than the E-screen is for the effects of estrogenic compounds on uterine weight in the uterotrophic assay.

Altogether, the results obtained indicate that while the T-screen and the TSH-screen accurately reflect TH and TSH receptor-mediated cell proliferation, respectively, an integrated testing strategy for replacement of these in vivo endpoints by a battery of in vitro tests will need additional assays to cover mechanisms of action that are neither THR nor TSHR mediated. The known modes of action underlying the effects of these compounds are presented in the following text, thereby highlighting some of the critical issues that have to be accounted for with additional in vitro assays. Recently, a mechanism-based testing strategy has been proposed using a battery of in vitro assays for the identification of thyroid hormone disrupting chemicals (Murk et al., in press). The TSH-screen presented in this study is already included in the proposed battery as well, in addition to tests for NIS and cAMP production that play an important role in TH biosynthesis in thyrocytes.

TRH is a hypothalamic hormone whose main role is to stimulate the release of TSH and prolactin from the pituitary gland. TRH reaches the pituitary through the hypothalamic-hypophyseal portal system, triggering a signaling cascade by binding to the TRH receptor that eventually leads to TSH and prolactin secretion (De Léan et al., 1977). TRH is rapidly metabolized, resulting in a half-life of 4 minutes, rendering it undetectable in the systemic circulation (Redding and Schally, 1972; Bassiri and Utiger, 1973). It was previously shown in in vivo experiments performed on rats that TRH alone does not have a proliferative effect on pituitary cells, which is not in accordance with the results of the present study in which TRH did have an agonistic activity on GH3 cell proliferation (Quintanar-Stephano and Valverde, 1997). TRH did not have any proliferative effect on FRTL-5 thyroid follicular cells in the TSH-screen even though in vivo thyroid weight is increased. The in vivo effect can be simply an indirect effect, whereby TRH leads to an increase in TSH secretion which, in turn, is mitogenic to thyroid cells, a sequence of events that is not easily mimicked in vitro.

TSH, the pituitary hormone whose main role is to stimulate thyroid growth and thyroid hormone production, had no effect on GH3 cell proliferation in the T-screen, which is in agreement with previous studies (Felice et al., 2004; Theodoropoulos et al., 2000). It did, nonetheless, exhibit a physiologically relevant and concentration-dependent mitogenic effect on FRTL-5 cells in the T-screen.

T3 and T4, the thyroid hormones, resulted in a concentration-dependent increase in GH3 pituitary cell proliferation, which is the basis of the T-screen (Gutleb et al., 2005). However, only T4 leads to a significant increase in pituitary weight in vivo, and this increase was found to be heavily dependent on the duration of exposure (Tab. 3). The endogenous THR agonist precursor T4 causes a significant increase in pituitary weight but only after long-term exposure of more than one year, while in the OECD TG 407, which is based on subacute exposure (28 days), no significant effect is found (Sellers and Schänbaum, 1965; OECD, 2006b). This stands in contrast to the 4-fold increase in GH3 pituitary cell proliferation observed upon exposure to T4 for only 4 days (Fig. 1A). The effect of T3 on FRTL-5 rat thyroid cell proliferation was indistinguishable from the controls, and this does compare well with the lack of change in thyroid weight upon T3 administration. T4 had an antagonistic effect in the TSH-screen, which correlated significantly but only with female rats used in one of the in vivo studies conducted by the OECD to validate the updated TG 407 (OECD, 2006b). It is possible that T4, an iodinated hormone precursor that is deiodinated intrathyroidally, acts in a similar way to iodide, which is known to lead to cell cycle arrest in FRTL-5 cells (Lauberg, 1988; Smerdely et al., 1993). Moreover, amiodarone, a T4 analogue, has an inhibitory effect on TSH-induced CAMP production at concentrations that are lower than iodide, suggesting a direct mechanism of action (Pitsiavas et al., 1999). This in vitro effect could indicate a physiologically relevant short-feedback regulatory loop.

Antithyroid drugs PTU and MMI, the degradation product of ethylenebisdithiocarbamate fungicide ETU, as well as the herbicide 3-AT, decrease serum levels of thyroid hormones by inhibiting thyroperoxidase (TPO), a critical enzyme in thyroid hormone synthesis (Roy and Mugesh, 2006a; Marinovich et al., 1997; Hurley, 1998). The increase in thyroid weight resulting from the in vivo administration of these compounds and the increase in pituitary weight resulting from the administration of PTU and 3-AT are not related to a direct effect on cell proliferation as was reflected in this study by the T-screen and the TSH-screen. It can therefore be concluded that their effect may rather be due to a drop in thyroid hormone production, which in turn diminishes the inhibitory effect of T4 on pituitary weight and triggers an increase in TSH secretion by the pituitary and a subsequent mitogenic effect on the thyroid.

NaClO4, a non-reactive electrolyte under physiological conditions, exerts its effect on the thyroid by inhibiting iodide transport through the sodium iodide symporter (NIS), resulting in a drop in the iodide-dependent thyroid hormone production (Yoshida et al., 1998). In vivo, this drop in thyroid hormone levels results in decreased negative feedback on the thyroid and a concomitant increase in TSH secretion, which in turn results in an increase in thyroid weight. Pituitary weight is not affected, nor is pituitary or thyroid cell proliferation as assessed by the T-screen and the TSH-screen, respectively.

BPF, widely used in the production of polycarbonate and epoxy resins, causes liver toxicity and was found to be estrogenic in the uterotrophic assay. Following the OECD TG 407 which includes endpoints for thyroid hormone disruption, Higashihihara et al. found effects on thyroid hormone level in addition to changes in thyroid and pituitary weight (Higashihihara et al., 2007). While the exact mechanism of action is not yet elucidated, BPF did not affect cell proliferation in both the T-screen and the TSH-screen, suggesting that its main mechanism of ac-
tion is not THR or TSHR-mediated. Initial data, as suggested by the authors of the in vivo study, pointed at a possible effect on thyroid hormone metabolism in the liver which can lead to compensatory TSH production which could ultimately lead to goiter and thyroid hyperplasia (Curran and DeGroot, 1991).

Altogether, it is concluded that unlike the direct in vitro-in vivo correlation that can be made with the E-screen, which tests for the estrogenic activity of compounds, proliferation of pituitary and thyroid cells is representative of only a small part of an array of mechanisms of actions involved in thyroid hormone disruption.

Interestingly, however, additional results of the present study indicated a possible correlation between the effects of thyroid-active compounds on cell proliferation in the T-screen and relative heart weight in vivo (Fig. 6). This correlation between the T-screen and cardiac hypertrophy may align well with studies on both GH3 cells and the heart. The adult rodent heart expresses 70% THRα1 and 30% THRβ1. It was found that THRβ knock-out (KO) mice did not exhibit a T3-mediated increase in left ventricular heart mass whereas THRα KO mice did (Swanson et al., 2003; Weiss et al., 2002). This indicates that THRβ expression is a requirement in the well-established thyroid hormone-induced cardiac hypertrophy.

There are more factors affecting cardiac hypertrophy such as the renin-angiotensin system. However, this system is itself regulated by thyroid hormones (DiNiz et al., 2009). Makino et al. (2009) reported that cardiac capillary networks are reduced in THRβ KO mice but not in THRα KO mice. Taken together, these studies indicate that THRβ-regulated cardiac hypertrophy acts together with THRα-regulated angiogenesis to result in an overall effect on heart weight that is dominated by thyroid hormone agonism of THRβ. In GH3 cells, these effects are likely to be mediated by THRβ2 – the predominant isoform in pituitary cells (Lazar, 1990; Ball et al., 1997; Hahn et al., 1999). Regardless of the mechanism of action, the thyroid hormone-dependent cell proliferation that is the hallmark of the T-screen correlates more closely with in vivo heart weight than with in vitro pituitary weight. This correlation between in vivo BMDL10 and in vitro EC50, could be expanded to compare absolute effect levels by taking toxicokinetics into account whereby the in vivo blood levels are calculated from the in vitro exposure levels, as has been done recently for estrogenic effects (Punt et al., 2013).

5 Conclusion

In vitro pituitary and thyroid cell proliferation assays are not viable substitutes for assessing pituitary and thyroid organ weight change, respectively. This calls into question the use of thyroid hormone-dependent cell proliferation assays and related TR-mediated reporter gene assays as alternative in vitro tests for the in vivo effect of chemicals on the HPT axis. When these THR-activation tests turn out negative, this study indicates that there is a considerable chance of a false negative result with the compound still affecting thyroid or pituitary weight in vivo. Nonetheless, the present study has found that the T-screen has potential applications in assessing the effects of compounds on thyroid hormone-mediated cardiac hypertrophy. In the context of the 3Rs (refinement, reduction, or replacement of animal studies), it is concluded that it is not currently feasible to have simple standalone in vitro replacements for in vivo tests for the disruption of the thyroid system. The results of the present study indicate that a complex interplay between factors within the HPT axis may underlie the effects of thyroid-active compounds on thyroid and pituitary organ weight endpoints in vivo. Therefore, it is concluded that the development of future alternative tests, aiming at refinement, reduction, or replacement of animal studies should include a broad battery of in vitro tests that cover the various modes of action of thyroid-active compounds as an initial screen and/or use more complex model systems that more closely reflect an intact HPT axis such as the nematode Caenorhabditis elegans or the vertebrate Danio rerio. Tests with both organisms can be performed in such a way that they are still considered alternatives to animal testing in higher vertebrates such as mouse and rat (Van der Ven, 2009).

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